

What to do during the Rite of Reconciliation

Begin by making the Sign of the Cross with the priest

You In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.

Priest The Lord be with you.

You And with your spirit.



Liturgy of the Word

The priest will read from the Sacred Scriptures. Listen carefully and allow the Word of God to speak to your heart.

Priest The Word of the Lord

You Thanks be to God.

Liturgy of Reconciliation

Priest May the Holy Spirit be in your heart and help you to make a good confession.

Now tell the priest about the things you need God's help with.

Act of Contrition

You Father in heaven
I'm sorry that I've sinned against you.
By the help of your grace
I will not sin again.



Listen carefully to the wonderful words of Forgiveness [Absolution].

Priest Your sins are forgiven.
Go in the peace of Christ.

You Thanks be to God.